

THERE'S MORE TO NURSING AND EXTENDED CARE THAN APPEARS

(From Page Eight)

The elderly patients enjoy a Bingo game and love to participate even if a bit of help is required. A washer and dryer is provided for the personal laundry of the patients and Auxiliary members help in this way, too.

The whole idea of extended care is to meet the total needs of the patient, to help the aged help themselves as long as they can, and by encouragement, persuasion and suggestion much can be accomplished, thus making their lives more interesting and meaningful.

It has been proven that by putting elderly or disabled patients to bed or locating them in an institution where they are the passive recipients of complete care they will quickly deteriorate both physically and mentally.

BIG UNDERTAKING
Rehabilitation as it applies to extended care means the utilization of physiotherapy, occupational therapy and other services to help the patient become more independent. It is essential that this facility provide a social, recreational and rehabilitative program. Even partial independence on the part of the patient should lead to less need for constant nursing care.

The Auxiliary needs members to work in this section of their organization, mornings or afternoons. At present there are only 15 members, an inadequate number when spread over a week.

Elderly people in many cases never get the opportunity to talk with or even be in the company of young people. Many young people are desirous of doing something worthwhile in the community. Here is a most worthy activity for any young person, especially teen-agers, simply to devote possibly two hours per week talking to the old people, helping them to play Bingo or in working at some simple handicraft, possibly assisting some to eat their lunch or dinner, or maybe just to write a few letters for them.

It would mean so much if occasionally someone would come and play the piano or put on a simple entertainment, perhaps a guitar group, just something to provide a little pleasure for this group of old souls who are sometimes forgotten in the hurly-burly of modern life.

To anyone participating, it is a labor of love and a debt that we all owe to the older generation who have contributed so much to us, as their children and to the good land we live in.

MORE THAN WELCOME
Anyone wishing to join in this worthwhile work will be more than welcome. The person to call is Mrs. Gerry Layard at 537-2158.

There are 103 registered members in the Hospital Auxiliary most of whom are engaged in some form of activity in connection with the Thrift Shop. Extended Care or hospital visiting and attending to the flowers Meetings are held on the fourth Monday of each month and members are urged to attend these meetings faithfully especially as their votes are required on the expenditure of funds.

Arrangements have been made to hold these monthly meetings in the downstairs hall of the United Church in Ganges as the hospital board room proved to be too small.

The Thrift Shop continues to show a very healthy income. Between June 25 and August 31 of this year, net sales totalled \$5,100. Expenses for the fitting up of the shop, i.e., building materials, paint, shelves, etc. amounted to \$795. Between Sept. 1 and 25 total sales were \$1,200 with an additional \$600-700 from the proceeds of the estate sale of the late Mrs. V. J. Harraway.

The money raised by the Auxiliary is put at the disposal of the hospital board. Total of \$1,960 was recently spent for

laboratory equipment and stretchers.

THEY ARE GRATEFUL
The members of the Auxiliary are most grateful to the public for their generous support of the Thrift Shop, both for their patronage and donations. It would be greatly appreciated if when donating used clothing only wearable items be sent. Items of clothing which are not wearable or unsaleable are shipped to the Goodwill Industries

at considerable expense to the shop.

Thrift Shop workers would also appreciate the clothing being clean as the laundry crews find the mounds of washing and ironing very exhausting.

Mrs. Gerry Layard will represent the Auxiliary of Lady Minto Hospital at the B. C. Hospital Association convention in Vancouver on October 17-19 of which there is an auxiliary division.

SLOW JOB PUMPING WATER

Progress is slow at Saturna in terms of water supply. New well has been drilled to provide the school with water. First samples have been tainted by water in the shaft. It was required to take a fresh-pumped sample.

Last week the pump arrived after it proved that the well-driller had no spare pump. First pump on the island was equipped with the wrong jet and

wouldn't draw. This week it is hoped to have the proper jet and proper samples taken for analysis.

Well was drilled after the school water supply had been under fire from the Greater Victoria Metropolitan Board of Health.

Indians often used pliable white spruce roots for lacing birch bark canoes.

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